



NORTH WALES SAFEGUARDING CHILDREN'S BOARD

NATIONAL CSE ACTION PLAN

VERSION 1. JANUARY 2020

Arrangements for the Prevention of Child Sexual Abuse (CSA)

The best way to respond to CSA is to stop it happening in the first place. We need to promote a better understanding of CSA for children, their families, practitioners, public bodies and the public so that they can recognise and respond to CSA risks.

Objective 1: Challenge public attitudes towards CSA and support a culture where CSA is not seen as a taboo subject in a way that can be exploited by perpetrators.

Action	Owner	Delivery period	Update	RAG Status
A2 - Promote the public awareness campaign in each region across Wales.	NWSCB Local Delivery Groups	1 January 2020 to 31 December 2020	<p>The North Wales Safeguarding Board have done CSA action plan awareness raising presentations to each Local Delivery Group in North Wales during 2019.</p> <p>It will be the responsibility of the Local Delivery Group to raise awareness in its locality area.</p> <p>The Local delivery group will then report back to the North Wales Safeguarding Children's Board on a quarterly basis.</p>	

Evidencing the implementation of actions:	Reporting date:			
A2 - Safeguarding Children Boards report evidence of campaign promotion.	31 January 2021 31 January 2022	As highlighted above we will be using the Local Delivery Group to provide evidence to the Safeguarding Board of work undertaken.		
Objective 2: Increased awareness in children of the importance of safe, equal and healthy relationships and that abusive behaviour is always wrong				
Action	Owner	Delivery period	Update	RAG Status
A5. Promote information to children and parent/carers on healthy/unhealthy relationships.	NWSCB Local Delivery Groups	1 January 2020 to 31 December 2020.	The Communications sub group have started work on sharing materials across the schools in North Wales.	
A6. Develop a clear referral pathway for children who display inappropriate sexualised behaviour to receive an early help assessment as recommended in NICE guidance 2016.	NWSCB Local Delivery Groups	1 January 2020 to 31 December 2020 1 January 2021 to 31 December 2021	The NWSCB will be establishing a Task and Finish Group to develop a referral pathway.	
Evidencing the implementation of actions:				
		Reporting		
A5. Safeguarding Children Boards report activity that has taken place to promote information to children and parent/carers on healthy/unhealthy relationships.		31 January 2021.	Work will be undertaken by the Communication sub group	

A6. Safeguarding Children Boards report that local and/or regional referral pathways for children who display inappropriate sexualised behaviour are in place.	31 January 2022.	Task and Finish group work package		
Objective 3: Increased awareness of how help to keep children safe from CSA for parent/carers, practitioners and the public.				
Action	Owner	Delivery period	Update	RAG Status
A12. Promote information and resources on CSA, CSA, HSB and Online abuse to practitioners working with children and their families including information that practitioners can share with children and their families.	NWSCB Local Delivery Groups	1 January 2020 to 31 December 2020 1 January 2021 to 31 December 2021	We will be using a number of mechanisms to complete this work. Development of webpages on the North Wales Safeguarding Board website.	
A13. Support practitioner learning on CSA, CSE, HSB and Online Abuse including awareness of relevant guidance, procedures and practice guides. This should include promoting an understanding of CSA in the context of equality and diversity issues such as gender, ethnicity, sexuality and disability.	NWSCB Local Delivery Groups	1 January 2020 to 31 December 2020 1 January 2021 to 31 December 2021	Similar to the above. We will be holding a series of practitioner's workshops.	

Evidencing the implementation of actions		Reporting		
A12. Safeguarding Children Boards evidence that practitioners working with children and families are aware of information and resources on CSA, CSE, HSB and Online Abuse and are sharing this information appropriately with children and families.		31 January 2022.	To evidence this work package we will be using the NWSB Quality Assurance Framework	
A13. Safeguarding Children Boards evidence opportunities and take up of practitioner learning on CSA, CSE, HSB and Online abuse.		31 January 2021. 31 January 2022.	The Workforce and Training sub group will be monitoring attendance at learning events.	
Objective 4: Increased awareness of how corporate safeguarding can contribute to the prevention of CSA.				
Action	Owner	Delivery period	Update	RAG Status
A15. Consider adoption of exemplar corporate safeguarding policy.	Safeguarding Board partners.	1 January 2021 to 31 December 2021	Presentation to the NWSB by Dr Carlene Firmin on Contextual Safeguarding	
A16. Consider learning from the Contextual Safeguarding Network on neighbourhoods and consider a regional pilot site for the Neighbourhood Assessment toolkit.	Safeguarding Board partners.	1 January 2020 to 31 December 2020 1 January 2021 to 31 December 2021	As above	

Evidencing the implementation of actions:	Reporting		
A15. Safeguarding Children Board report that the exemplar corporate safeguarding policy has been disseminated to partners for consideration and partners have reviewed their existing corporate safeguarding policy against the exemplar policy.	31 January 2022	This will be distributed via the Local Delivery Groups	
A16. Safeguarding Children Board report that learning from the Contextual Safeguarding Network on neighbourhoods has been disseminated to partners and report whether there has been or will be a regional pilot site for the Neighbourhood Assessment.	31 January 2022	Work has started on a pilot site in Ynys Mon on a Neighbourhood assessment	
Arrangements for the <u>Protection</u> of children at risk of Child Sexual Abuse (CSA)			

One of the difficulties in estimating the prevalence of CSA is that so much sexual abuse remains unidentified. Disclosure by children is rare, so professionals and other responsible adults need to be able to spot the signs of possible abuse and take appropriate action. The reasons children keep silent include fear of their abuser, not wanting their abuser to get into trouble, feeling that the abuse was 'their fault', and feeling responsible for what will happen to their family if they tell. Supporting a better understanding of CSA for children, non-abusing parent/carers and practitioners will support increased identification and disclosure so that children can be protected at the earliest opportunity.

Objective 5: Increased awareness in children of safe ways to disclose sexual abuse or risk of sexual abuse and of what should happen when they tell.				
Action	Owner	Delivery period	Update	RAG Status
A18. Promote resources with information for children on safe ways to speak out about abuse.	NWSCB Local Delivery Groups	Publication date up to 31 December 2019 1 January 2020 to 31 December 2020	We have used the NSPCC and Barnardos resources in	

		1 January 2021 to 31 December 2021	getting across these messages.	
A20. Promote resources for children on what will happen if they tell an adult they are being abused.	NWSCB Local Delivery Groups	1 January 2020 to 31 December 2020 1 January 2021 to 31 December 2021	At Education Workshops we have been circulating materials.	
Evidencing the implementation of actions:		Reporting		
A18. Safeguarding Children Boards report evidence on promotion of resources for children on safe ways to speak out about abuse.		31 January 2020. 31 January 2021. 31 January 2022.	During 2019 we have engage with Children at Risk / hard to reach children to get these messages across. Children and Young People would like the NWSCB to	

			develop a safeguarding app in the region.	
A20. Safeguarding Children Boards report evidence on promotion of resources for children on what will happen if they tell an adult they are being abused.		31 January 2022.	We will monitor this by the use of the NWSCB quality assurance framework.	
Objective 6: Increased awareness in non-abusing parent/carers of what should happen if a child is sexually abused, of how to support children and of how to access support for themselves.				
Action	Owner	Delivery period	Update	RAG Status
A22. Promote resources for non-abusing parent/carers on the process related to the investigation of CSA, CSE and HSB, on the best ways to support children and on sources of help and support for non-abusing parent/carers.	NWSCB Local Delivery Groups	1 January 2021 to 31 December 2021	We will look at developing materials that will be available to families / parents around key messages.	
Evidencing the implementation of actions:				
		Reporting		
A22. Safeguarding Children Boards report evidence on appropriate promotion of resources for non-abusing parent/carers.		31 January 2022.	Will be monitored via the NWSB QA framework	

Objective 7: Practitioners have access to resources and training to equip them to provide effective, timely and appropriate responses to children at risk of or abused through CSA.

Action	Owner	Delivery period	Update	RAG Status
A24. Support practitioner learning on handling disclosures of abuse, the investigation process and supporting families affected by CSA for practitioners.	NWSCB Local Delivery Groups	1 January 2021 to 31 December 2021	With support from the Welsh Government a series of events were held throughout the region in 2019 – NSPCC workshops around handling disclosures.	
Evidencing the implementation of actions:		Reporting		
A24. Safeguarding Children Boards evidence opportunities and take up of practitioner learning on handling disclosures of abuse, the investigation process and supporting families affected by CSA.		31 January 2022.	Will be monitored via the NWSB QA Framework	

Arrangements for the Support of children who are sexually abused

CSA, CSE and HSB can and does impact negatively on the well-being outcomes of children well into adulthood. Our responses to children must include evidence based support likely to support recovery for the trauma associated with abuse, build resilience and secure longer term improvements in their well-being.

Objective 8: Evidence on the prevalence of CSA is collected to inform the planning of services for children who have been sexually abused.

Action	Owner	Delivery period	Update	RAG Status
A26. Consider the implications of the findings of the research <i>Exploring the scale of CSA in social care records: Wales File Study</i> in reviewing the likely prevalence of CSA in the region.	NWSCB Local Delivery Groups	1 January 2020 to 31 December 2020. 1 January 2021 to 31 December 2021.	The research to be shared across Local Delivery Groups in North Wales Also to be discussed at the NWSB CSA continuity of practice events.	

Evidencing the implementation of actions:		Reporting		
A25. <i>Exploring the scale of CSA in social care records: Wales File Study</i> , report and findings are published and disseminated.		Publication date up to 31 December 2019	To be monitored using the NWSB QA framework	
A26. Safeguarding Children Boards report that they have considered the implications of the research in reviewing the likely prevalence of CSA in the region and any planned actions to be taken as a result.		1 January 2021 to 31 December 2021		
Objective 9: Children who have been sexually abused, sexually abused through CSE and/or have HSB have access to trauma-informed services and appropriate therapeutic support based on their individual care and support needs to improve well-being and prevent repeat abuse.				
Action	Owner	Delivery period	Update	RAG Status
A30. Undertake a review of available therapeutic support for children who have experienced CSA, CSE, HSB or Online sexual abuse in the region, so that gaps in provision can be	NWSCB Local Delivery Groups	1 January 2020 to 31 December 2020. 1 January 2021 to 31 December 2021.	We have done this work via the NSPCC HSB framework. We will undertake a further audit on this work package	

identified and addressed.				
Evidencing the implementation of actions:	Reporting			
A30. Safeguarding Children Boards report that a review has been completed and considered by the Board and reports any resultant regional development plans.	31 January 2022	Update to be provided in 2022.		
Objective 10: Children who have been sexually abused are given information about and appropriately referred into adult support services as they approach 18 years of age.				
Action	Owner	Delivery period	Update	RAG Status
A32. Promote resources for children coming up to the age of 18 years on accessing support as adult survivors of abuse.	NWSCB Local Delivery Groups.	1 January 2021 to 31 December 2021.	We have started work to look at the transition process between children's and adults safeguarding systems. Via the All Wales Safeguarding Procedures training and via work done on the practice guides we will highlight the transition process to practitioners.	

Evidencing the implementation of actions:	Reporting		
A32. Safeguarding Children Boards report evidence that resources for children coming up to the age of 18 years on accessing support as adult survivors of abuse have been promoted to practitioners and the public.	31 January 2022.	To be monitored using the NWSB QA framework	