

# How you can help

## 1. Raise Awareness

First and foremost show your support by writing a personal pledge on your hand and posting to your social media with the hashtag **#HelpingHands** this will help raise awareness of child sexual exploitation nationwide, reaching a network of friends, family and social groups.

Your pledge can be anything. From speaking out, to educating others. It is your promise to the victims of **child sexual exploitation (CSE)**.

**Pledges already made can be seen on our stop-cse site <http://www.stop-cse.org/national-child-exploitation-awareness-day/> and <https://natworgroup.wordpress.com/category/hands-campaign/>**

**Display our campaign – help us to raise awareness up to, and after the National Awareness Day.**

You can download posters, website banners and logo's <http://www.stop-cse.org/national-child-exploitation-awareness-day/raise-awareness/>

## 2. Educate, speak out and encourage others to join us in the fight against Child Sexual Exploitation

### SHARE YOUR KNOWLEDGE AND EDUCATE OTHERS

**Children and young people** can be informed about Child Sexual Exploitation and the methods used to target and groom them. They can be given literature to help them understand Child Sexual Exploitation and the contact details of local and national organisations who can help them if they are concerned about themselves or their friends. They can look out for their friends too and speak out if they are concerned.

**Parents and carers** can be made aware of the indicators of Child Sexual Exploitation to help spot early warning signs, they can maintain an open dialogue with their children about their online and offline activities. They can know who to contact if they have concerns.

**Practitioners** can help empower children and parents/carers by educating them about Child Sexual Exploitation, the grooming process, the risk factors and indicators and the contact details of local and national organisations that can offer support. Practitioners can ensure that their own knowledge of Child Sexual Exploitation and Human Trafficking is up to date.

**The leisure industry** - Hotels, Taxi Companies, Take-Aways, B&B's and Retailers all have a role to play in safeguarding children and ensuring that their staff are trained to recognise the signs of Child Sexual Exploitation and what to do if they suspect Child Sexual Exploitation by using the Community Awareness training toolkit [Say Something if you See Something](http://www.stop-cse.org/ssss/) <http://www.stop-cse.org/ssss/>

**Decision makers and politicians** need to provide a culture in which all of the above can function and thrive and continue to play a key role in ensuring our children are safe from Child Sexual Exploitation.

As a Decision maker or politician you need to ensure **Your** community is engaged in protecting children from Sexual Exploitation.

### EMAIL YOUR POLICE AND CRIME COMMISSIONER (PCC) THE FOLLOWING SIMPLE MESSAGE AND INSERT THE LOGO

**“On March 18<sup>th</sup> 2018 I want the world to unite against Child Sexual Exploitation. Are you doing enough? “**

You can find details of your PCC at <http://apccs.police.uk/find-your-pcc/>

**INSPIRE OTHERS:** tell us about any events you are running and we will post it on our website and social media or write a blog and share it with us

**JOIN THE CONVERSATION ON SOCIAL MEDIA AT #CSEDay15**

Change your profile picture to support the day and raise awareness on:

**TWITTER** <https://twibbon.com/support/cseday18/twitter>

**FACEBOOK** <https://twibbon.com/support/cseday18-2>

To get you started here are some suggested posts:

Together lets raise our hands to stop #CSE #HelpingHands #CSEDay18

Unite against the rape and sexual abuse of children within the UK #CSEDay18

All hands together can prevent #CSE #CSEDay18

What are YOU doing on #CSEDay18 to say 'NO' to #CSE?

Educate your children on how to spot the signs of #CSE

#CSE offenders come from all walks of life

Let's have better therapeutic services for victims and survivors of #CSE

#CSE victims are trafficked too

Stop #CSE and trafficking in our country #CSEDay18

We all have to take #CSE and trafficking seriously & protect our children

Speak out against inappropriate relationships when they involve children #CSE

**GET UPDATES FROM THE NWG NETWORK**

- We are tweeting from **@natworgroup**
- We are using hashtags: **#CSE #NWG #HelpingHands #CSEDay18**
- 'Like' us on Facebook to stay up to date
- Join us on LinkedIn
- Follow us and upload your #HelpingHands on our Instagram account

### **3. If you can, DONATE just £3...**

And help us give children a voice. Education and understanding is vital in our fight against CSE. At NWG we fight to ensure that a child's voice is heard, to ensure that awareness is risen and to ensure that deterrents are put into place. **But we can't do it without your help.**

A donation of just £3 will help us to be there tomorrow to continue to raise awareness of CSE and support victims and their families who are subjected to child sexual exploitation. Only together, can we work to inform, educate and prevent this form of child abuse within the UK.

#### **Donating is simple**

**1. Text the word VOICE 2. Send it to 70 007 3. Receive your 'thank you'**

**Share your pledge and if you have – your donation too. Inspire others to join the fight and raise awareness.**

Let others know **you've joined the fight, share your pledge** and your donation on social media using the hashtag **#HelpingHands**. Together we can create a mass awareness.